

What's on at The Venue @ Navenby October 2017

Please be aware that some classes close for the school holidays - check with the organiser

Monday	Jellybeans	Elizabeth James 01529 413747	10.00 - Noon	Club Room
	Music Bugs Mon 30th	Charlie Bailie 0844 412 8150	1.00 - 3.00 pm	Club Room
	Keep Fit for Seniors	Val Smart 01400 272602	10.00 - 11.00 am	Main Hall
	Sequence Dancing Mon Fri & Sat (2nd, 6 th , 16 th , 27th & 30 th)	Karen & Colin Brewer 01522 804046	2.00 - 4.30 pm	Main Hall
	Youth Club 8 - 14 year olds	Parish Office 01522 811132	6.00 - 8.30 pm	Club Room
	Yoga	Rebecca Robertson; 07818 564986	8.00 - 9.00 pm	Main Hall
	Army Cadets	Richard Barnes 07960 206672	7.00 - 9.00 pm	Pavilion
Tuesday				
	Carpet Bowls	Eric Folley 01522 811429	2.00 - 4.00 pm	Main Hall
	Community Choir	Annie Walker 07415 212183	2.00 - 4.00 pm	Club Room
	Slimming World	Sally Stevenson 07539 006559	5.00 - 7.00 and 7.00 - 9.00 pm	Main Hall
Wednesday	Physiotherapy Appointments	Lincoln Physiotherapy and Sports Injuries Clinic; 01522 529000 (Becky Vissers)	9.30 am - 3.00 pm	Small Office
	Dance Fitness & Pilates	Sue Fisher, Shape Fitness 07824 387162	6:30 - 7.30 pm 7.30 - 8.30 pm	Main Hall
	Stroke Association (11 th & 25 th)	Area Office 0115 871 2460	10.30 - 12.30pm	Club Room
Thursday	Tai Chi	David Hall, 07428131989	10.00 - 11.00 am	Club Room
	Carpet Bowls	Eric Folley 01522 811429	2.00 - 4.00 pm	Main Hall
	Bridge Club	Anne Brooke, 01400 272022	2.00 - 5.00 pm	Club Room
	Tae-Kwando	Daniel Pearce 07939460094	6.00 - 7.00 pm	Main Hall
Friday	Physiotherapy Appointments	Becky Vissers (as Wednesday)	8.30 am - noon	Small Office
	Keep Fit for Seniors	Val Smart 01400 272602	10.00 - 11.00 am	Main Hall

Public Events:

Holistic Therapy Taster Sessions Thu 17 th & Fri 20 th 10am to 12.30pm	Catherine or John 07415 381012
Library Open (Note new timings: Monday 10.00 am - 12.00; Wednesday 3.00 pm - 5.00 pm; Friday; 2.00 pm - 4.00 pm Parish Office	
Please note we have many other bookings that are private/members or colleagues only	
To book The Venue @ Navenby email venueavenby@gmail.com , call 07505 145061 or pick up a form at the Parish Office.	