

NAVENBY ACTIVITY DAY – 1 SEP 17

At the suggestion of Dean Reed, 1Life Health & Wellbeing Manager, the Navenby Health Walk on Friday 1 Sep 17 was co-ordinated with the Activity Day being held from 1000-1400 at The Venue, Navenby. Therefore, 20 walkers set off from The Surgery at 1000 and proceeded to Wellingore to join The Viking Way to return to Navenby via Clint Lane, Chapel Lane, The Open Space and Heath Road in order to finish at The Venue for tea/coffee and biscuits and a browse of the various stalls.

Accompanied by Dean, we endured perfect weather throughout and even enjoyed impromptu long distance flypasts by a Red Kite showing off his soaring skills over The Ridge and the new RAF A-400M Atlas transport aircraft, shown in the accompanying photographs.

